

SAGINAW SENIOR CENTER

MARCH 2020

Events CALENDAR

Voting Day Site

The Saginaw Senior Center will be a voting site, therefore some class & program locations will move to accommodate the elections. Please read over the back section of the calendar for any changes.

The FW Regional Office of the Securities & Exchange Commission- Senior Fraud Presentation

On Friday, March 6th at 10:45 the FW Regional Office of the Securities & Exchange Commission will be at the Saginaw Senior Center to give a short presentation on fraud effecting seniors. The initiative is to offer seniors important information, tailored to their needs and questions, about how to: make wise investment choices to save and invest for a secure future, recognize and avoid potential predatory tactics, and utilize publicly-available investor resources to prevent investment fraud.

This is conducted by experienced Commission staff in an informal and conversational forum with the opportunity for one-on-one interactions and offered free of charge.

Monthly Coloring Contest Winners

1st: Harriette
2nd: Williene
3rd: Elsa



Wii Bowling Tournament Champions

1st: Mindy
2nd: Velma
3rd: Wanda
4th: Elsa



FREE Blood Pressure Checks with the Saginaw Fire Dept 03.06.20

The Saginaw Fire Department will be at the senior center on the first Friday every month to offer free blood pressure checks at 10:30am.... a great opportunity for you to monitor your health.

Alzheimer Association Presentation 03.27.20 at 10:45

HEALTHY LIVING FOR YOUR BRAIN AND BODY: FROM THE LATEST RESEARCH
Join us at the Saginaw Senior Center for an education program presented by the Alzheimer's Association

A Luncheon with Music by Dick Coup 03.20.20 at 11:00

Mark your calendar for a nice luncheon with a musical performance by our very own Dick Coup! He says this will be the last performance- so you will not want to miss it!

Card Making Class w/ Vicki Bell 03.19.20 at 6pm

Vicki Bell is back and we can't be more excited! Her card making class is creative, fun and best of all... free! If you are new to card making or an experienced card maker, you will not want to miss this class!

2020 SOUP/ STEW COOK-OFF WINNERS!



Thank you to all of February Sponsors

Andrea w/Family Benefits Store	Saginaw Laundry Center
Trevor w/Walgreens	Kasey w/Aviator Home Health
Bryan w/ Cambrian Home Care	Joyce w/ YMCA
Pam w/Advance Senior Options	Tana w/Care N Care

MARCH CRAFTINESS

- Let's Get Crafty w/Inez March 9th at 11am free class, keep your craft
- Sew it's Monday w/Inez March 23rd at 11am
- Card Making Class March 19th at 6:00pm

SAGINAW SENIOR CENTER

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 All Day- Games 9:30 Exercise Class w/ YMCA-main room TCC Classes	3 All Day- Games 10:00 Scrabble for Seniors TCC Classes SUPER TUESDAY-VOTING DAY HERE	4 9:30 Exercise Class w/YMCA 10:30 BINGO (Advance Senior Options) 12:00 Potluck Luncheon 1:00 Wii Bowling	5 All Day – Games 9:30 Canasta 10:00 Scrabble 9:30 Belgium Waffles	6 All Day- Games 9:30 Exercise Class w/YMCA 10:30 FREE Blood Pressure Check w/Saginaw Fire Dept 10:45 Senior Fraud Presentation
9 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Let's Get Crafty with Inez (free craft class and you keep what you make) TCC Classes	10 All Day- Games 10:00 Scrabble for Seniors AARP Tax Prep-appointment only TCC Classes	11 9:30 Exercise Class w/YMCA March Birthday Celebration 10:30 BINGO (Family Benefit Store/ Allstate) 12:00 Potluck Luncheon 1:00 Wii Bowling	12 All Day – Games 9:30 Canasta 10:00 Scrabble 11:00 Queso & Chips	13 All Day- Games 9:30 Exercise Class w/YMCA 11:00 Luncheon
16 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Family Feud TCC Classes	17 All Day- Games 10:00 Scrabble for Seniors AARP Tax Prep-appointment only TCC Classes 	18 9:30 Exercise Class w/ YMCA 10:30 St Patty Day BINGO (Aviator Home Health) 12:00 Potluck Luncheon Coloring Contest Winners 1:00 Wii Bowling Tournament	19 All Day – Games 9:30 Canasta 10:00 Scrabble for Seniors 11:00 Veggies & Dip 6:00 Card Making Class W/Vicki	20 All Day- Games 9:30 Exercise Class w/YMCA 10:30 Jewelry Class with Donna 11:00 Luncheon 11:15 Musical Performance by Dick Coup
23 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Sew it's Monday with Inez (come help us make items for charities) TCC Classes	24 All Day- Games 10:00 Scrabble for Seniors AARP Tax Prep-appointment only TCC Classes	25 9:30 Exercise Class w/ YMCA 10:30 BINGO (Walgreens Pharmacy) 12:00 Potluck Luncheon 1:00 Wii Bowling	26 All Day – Games 9:30 Canasta 10:00 Scrabble 11:30 Pizza Party (\$2 suggested donation)	27 All Day- Games 9:30 Exercise Class w/YMCA 10:30 Jewelry Class with Donna 10:45 Alzheimer Association Presentation
30 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Saginaw Spin TCC Classes	31 All Day- Games 10:00 Scrabble for Seniors AARP Tax Prep-appointment only			



03.02 Pat Straw

03.06 Marjorie Courtright

03.15 Consuelo Isteiriz

03.05 Beatriz Rios

03.10 Verbette Lizenbee

03.23 Betty Reynolds

03.05 Randy Yow

03.15 Virginia Chadwell

HOURS: Mon–Fri, 8am–4pm

PHONE: 817.230.0593

SUPERVISOR: Kristi Sinclair

ASST SUPERVISOR: Shyanne Tibbs