

# SAGINAW SENIOR CENTER

## OCTOBER 2019

## Events CALENDAR

### **ANNUAL SAGINAW SENIOR CENTER CRAFT FAIR 10.26.19**

The annual craft fair will be at the Saginaw Train & Grain Festival on Saturday, Oct 26th from 9am-5pm. We hope to raise a lot of money for the senior center and it is a great opportunity for us to invite new members to join the senior center too. If you would like to donate time and help us on this date, please let us know. Even if you can only donate an hour or two so one of our other volunteers can grab a bite to eat or enjoy a performance at the festival, it would be greatly appreciated. The festival will be on the grounds of Saginaw High School (on Blue Mound, near Basswood). The festival will have a classic car show, many food trucks, a petting zoo, kid activities, Hank FM, two large stages with entertainment acts throughout the day (& TG Sheppard as the headliner), and much more!

### **FLU SHOTS 10.11.19**

On Friday, Oct 11th from 9am-12pm Walgreens Pharmacy will be onsite to offer free FLU shots, No reservation necessary, BUT please bring your id and medical card. We will also have complimentary Chicken Stirfry at 11:00am.

#### **Monthly Coloring Contest Winners**



**1st: Harriette**  
**2nd: Williene**  
**3rd: Elsa**

#### **Wii Bowling Tournament Champions**



**1st: Elsa**  
**2nd: Dusty**  
**3rd: Mindy**  
**4th: Bonnie**

### **FREE Blood Pressure Checks with the Saginaw Fire Dept 10.04.19**

The Saginaw Fire Department will be at the senior center on the first Friday every month to offer free blood pressure checks at 10:30am.... a great opportunity for you to monitor your health.

#### **NEW HOURS**

Starting on Oct 3rd the Saginaw Senior Center will be closing at 3:00pm on THURSDAYS. On Friday, OCT 25th we will close at 1:00pm to get ready for the craft fair. Thank you for your understanding.

### **HALLOWEEN BINGO AND COSTUME PARTY 10.30.19**

On Wednesday, Oct 30th we will have a special Halloween Bingo and costume contest at 10:30am. You do NOT have to wear a costume to attend. We will have potluck following Bingo at noon.

### **FREE EXERCISE CLASSES AT THE SENIOR CENTER**

The YMCA teaches a FREE class every Monday, Wednesday & Friday at the Senior Center from 9:30-10:30am.

#### **Thank you to all of September's Sponsors**

Andrea w/Family Benefits Store      Saginaw Laundry Center  
Trevor w/Walgreens      Jamy w/ Bankers Life & Colonial Penn  
Pam w/Advance Senior Options  
Dr Haynes w/ChiroNow Texas  
Tana w/Care N Care



#### **OCTOBER CRAFTINESS**

- Let's Get Crafty Oct 4th at 11:00
- Let's Get Crafty Oct 7th at 11:00
- Let's Get Crafty Oct 11th
- Sew it's Monday Oct 14th at 11:00
- Let's Get Crafty Oct 21st at 11:00

# SAGINAW SENIOR CENTER

# OCTOBER 2019

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
|   | 1<br>All Day- Games<br>10:00 Scrabble for Seniors<br>TCC Senior Ed Classes         | 2<br>9:30 Exercise Class w/ YMCA<br>10:30 BINGO (Etho's Roofing & Contracting)<br>12:00 Potluck Luncheon<br>1:30 Wii Bowling                                     | 3<br>All Day – Games<br>9:30 Canasta<br>10:00 Scrabble for Seniors<br>11-12 Veggies & Dip<br><u>Closes at 3:00pm</u>           | 4<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>10:30 FREE Blood Pressure Check with the Saginaw Fire Dept<br>11:00 Let's Get Crafty |
| 7<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>11:00 Let's Get Crafty<br>TCC Senior Education Classes  | 8<br>All Day- Games<br>10:00 Scrabble for Seniors<br>TCC Senior Education Classes  | 9<br>9:30 Exercise Class YMCA<br>10:30 BINGO (Family Benefit Store)<br>October Birthday Celebration<br>12:00 Potluck Luncheon<br>1:30 Wii Bowling                | 10<br>All Day – Games<br>9:30 Canasta<br>10:00 Scrabble for Seniors<br>9-10 Belgium Waffles<br><u>Closes at 3:00pm</u>         | 11<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>11:00 Let's Get Crafty<br>11:00 Chicken Stir-fry<br>9-12 FLU Shots with Walgreens   |
| 14<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>11:00 Sew it's Monday<br>TCC Senior Education Classes  | 15<br>All Day- Games<br>10:00 Scrabble for Seniors<br>TCC Senior Education Classes | 16<br>9:30 Exercise Class YMCA<br>10:30 BINGO (Advance Senior Options)<br>12:00 Potluck Luncheon<br>1:30 Wii Bowling   | 17<br>All Day – Games<br>9:30 Canasta<br>10:00 Scrabble for Seniors<br>9-10 Egg & Cheese Sandwiches<br><u>Closes at 3:00pm</u> | 18<br>All Day- Games<br>9:30 Exercise Class<br>11:00 Let's Get Crafty<br>11:00 Salad Bar   |
| 21<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>11:00 Let's Get Crafty<br>TCC Senior Education Classes | 22<br>All Day- Games<br>10:00 Scrabble for Seniors<br>TCC Senior Education Classes | 23<br>9:30 Exercise Class YMCA<br>10:30 BINGO (Walgreens Pharmacy)<br>12:00 Potluck Luncheon<br>Announce Coloring Contest Winners<br>1:30 Wii Bowling Tournament | 24<br>All Day – Games<br>9:30 Canasta<br>10:00 Scrabble<br>11-12 Pizza Party (\$2)<br><u>Closes at 3:00pm</u>                  | 25<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>1:00 Senior Center Closing Early for Craft Fair Prep                                |
| 28<br>All Day- Games<br>9:30 Exercise Class w/ YMCA<br>TCC Senior Education Classes                           | 29<br>All Day- Games<br>10:00 Scrabble for Seniors<br>TCC Senior Education Classes | 30<br>9:30 Exercise Class YMCA<br>10:30 Halloween BINGO & Costume Contest (Bankers Life & Colonial Penn)<br>12:00 Potluck Luncheon<br>1:30 Wii Bowling           | 31<br>All Day – Games<br>9:30 Canasta<br>10:00 Scrabble Seniors<br>11-12 Queso & Chips<br><u>Closes at 3:00pm</u>              |  |

Saturday, Oct 26<sup>th</sup>  
Senior Center Craft Fair  
at the Train & Grain  
Festival 9am-5pm



|  |                        |                     |                        |                      |
|--|------------------------|---------------------|------------------------|----------------------|
|  | 10.01 Barbara Grogan   | 10.01 Abbie O'Neil  | 10.07 Marjorie Dickson | 10.10 Maria Alamillo |
|  | 10.10 Patricia Farrell | 10.12 Peggy Jackson | 10.13 Ann Linn         | 10.14 Eva Lopez      |
|  | 10.16 Elaine Patton    | 10.17 Joseph Fuller | 10.23 Rita Roberts     | 10.24 Joseph O'Neil  |
|  | 10.27 Hope Mendoza     | 10.28 Susie LaForge | 10.29 Peggy Walters    | 10.29 Robert Razo    |

**HOURS:** Monday– Friday, 8am– 4pm (close at 3pm on Thursdays) **PHONE:** 817.230.0593 **SUPERVISOR:** Kristi Sinclair