

SAGINAW SENIOR CENTER

JANUARY 2020

Events CALENDAR

CareN'Care Chili Cook-off 01.17

It's a great time of year for a Chili cook-off! Bring a crockpot with chili or just come to enjoy the tastings and be a judge. Prizes will be awarded to 1st, 2nd and 3rd place by CareN'Care Health Insurance Company. We will also have entertainment by Accordion Musicians Jim and Mary at 11:30.

New Year, New You!

Why not start the new year with a kind gift to yourself and join our weekly exercise classes. They will keep your body moving and strong for whatever life throws at you. The classes are complimentary and taught by a talented instructor from the YMCA (Joyce). And if you still need a little motivation the YMCA is providing a monthly gift card that you can register to win every class you attend. Classes are held Monday, Wednesday, and Fridays at 9:30am.

FREE Blood Pressure Checks with the Saginaw Fire Dept 01.03.20

The Saginaw Fire Department will be at the senior center on the first Friday every month to offer free blood pressure checks at 10:30am... a great opportunity for you to monitor your health.

Monthly Coloring Contest Winners



1st: Mindy
2nd: Harriette
3rd: Elsa

Wii Bowling Tournament Champions



1st: Mindy
2nd: Elsa
3rd: Wanda
4th: Williene

Thank you

Thank you to everyone that helped us make December a fun filled month...

Ed Willkie Middle School Choir entertained us with beautiful songs, Commanche Springs Elementary read us books & shared cookies, Prairie Vista Middle School Band was magical to our ears, Ms Ashley's Music & Movement little tikes danced & were super cute, Valerie's Kid Kare toddlers visited us & Santa with crafts they made us, David with Untied Healthcare provided holiday crafts for us to make, Inez led us in a creative craft and hosted an AMAZING open house, The Lunch Bunch made us a delicious meal to remember, Walgreens manager Trevor & his staff personally donated 45 gifts, And the City of Saginaw provided the means to put on a great Christmas party w/catered food, a band and fabulous door prizes!

Thank you to all that came out for this record attendance month!

Thank you for making 2019 end with so much fun and I am looking forward to spending 2020 with all of you! -Kristi



Thank you to all of December's Sponsors

Andrea w/Family Benefits Store	Saginaw Laundry Center
Trevor w/Walgreens	Ardent Mills
Pam w/Advance Senior Options	Tana w/Care N Care
David w/United Healthcare	


JANUARY CRAFTINESS

- Let's Get Crafty w/Inez Jan 13th at 11am class, keep your craft
- Card Making Class w/Vicki Jan 16th 5:30pm
- Sew it's Monday w/Inez Jan 27th at 11am

SAGINAW SENIOR CENTER

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Closed New Year's Day 	2 All Day – Games 9:30 Canasta 10:30 Scrabble 11:00 Queso & Chips <u>Closes at 3:00pm</u>	3 All Day- Games 9:30 Exercise Class w/ YMCA 10:30 FREE Blood Pressure Check with the Saginaw Fire Dept
6 All Day- Games 9:30 Exercise Class w/ YMCA	7 All Day- Games 10:00 Scrabble for Seniors 11:00 Family Feud	8 9:30 Exercise Class YMCA January Birthday Celebration 10:30 BINGO (Family Benefit Store) 12:00 Potluck Luncheon 1:00 Wii Bowling	9 All Day – Games 9:30 Canasta 10:30 Scrabble 10:00 Breakfast Sandwiches <u>Closes at 3:00pm</u>	10 All Day- Games 9:30 Exercise Class w/ YMCA
13 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Let's Get Crafty with Inez (free craft class and you keep what you make)	14 All Day- Games 10:00 Scrabble for Seniors	15 9:30 Exercise Class YMCA 10:30 BINGO (United Healthcare) 12:00 Potluck Luncheon 1:00 Wii Bowling	16 All Day – Games 9:30 Canasta 10:30 Scrabble for Seniors 11:00 Veggies & Dip 5:30 Card Making Class with Vicki Bell	17 All Day- Games 9:30 Exercise Class 11:30 CareNCare Chili Cook-off (bring a crockpot of chili and/or be a tester) 11:30 Accordion Music by Jim & Mary
20 All Day- Games 9:30 Exercise Class w/ YMCA	21 All Day- Games 10:00 Scrabble for Seniors 11:00 Saginaw Spin	22 9:30 Exercise Class YMCA 10:30 BINGO (Walgreens Pharmacy) 12:00 Potluck Luncheon 1:00 Wii Bowling	23 All Day – Games 9:30 Canasta 10:30 Scrabble 11:30 Pizza Party (\$2 suggested donation) <u>Closes at 3:00pm</u>	24 All Day- Games 9:30 Exercise Class w/ YMCA
27 All Day- Games 9:30 Exercise Class w/ YMCA 11:00 Sew it's Monday with Inez (come and help us make items for charities)	28 All Day- Games 10:00 Scrabble for Seniors	29 9:30 Exercise Class YMCA 10:30 BINGO (Cambrian Homecare) 12:00 Potluck Luncheon Announce Coloring Contest Winners 1:00 Wii Bowling Tournament	30 All Day – Games 9:30 Canasta 10:30 Scrabble 11:00 Broccoli & Cheddar Soup <u>Closes at 3:00pm</u>	31 All Day- Games 9:30 Exercise Class w/ YMCA

	01.03 Christine Gayton 01.15 Mollie Lomax 01.24 Doretha Small	01.04 Betty Miller 01.15 Annie Cowan 12.30 Velma Johnston	01.06 Loreta Whorton 01.17 Laverne Lewis
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HOURS: Monday– Friday, 8am– 4pm (close at 3pm on Thursdays) **PHONE:** 817.230.0593 **SUPERVISOR:** Kristi Sinclair